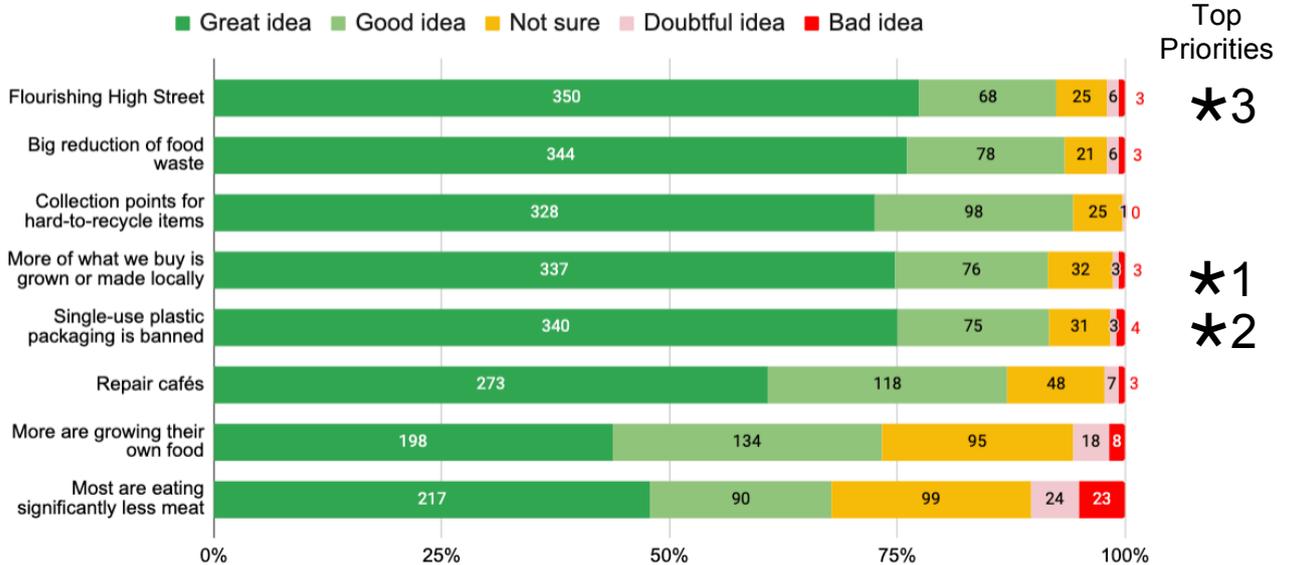


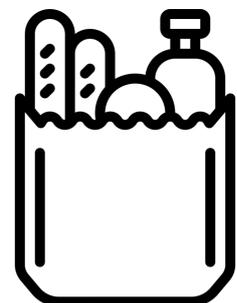
D. How we eat, shop & use resources

Headlines

HOW WE EAT, SHOP & USE RESOURCES



- Becoming more ‘green consumers’ is seen widely as a priority. The top six ideas had more than 85% support.
- The results show that most people want to see a holistic approach to this, with a flourishing high street, more local produce, better recycling, less food waste and plastic packaging, and the chance to get things repaired more easily at repair cafés.
- 73% are in favour of people growing more of their own food, though this is obviously not an option open to everyone.
- Views on reducing meat eating are more mixed. 10% are not convinced of this, though 67% are in favour.



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Raw data

Idea	Great idea	Good idea	Not sure	Doubtful idea	Bad idea	Good or great idea	Doubtful or bad idea	Average Score	Number who consider priority
We have vibrant and flourishing High Streets with most essentials available locally	78%	15%	6%	1%	1%	92.7%	1.8%	4.68	262
There are community collection points for hard-to-recycle items	73%	22%	5%	0%	0%	94.5%	0.2%	4.67	127
There has been a big reduction of food waste	76%	17%	5%	1%	1%	93.3%	2.0%	4.67	153
Single-use plastic packaging is banned, and other types of plastic are used much more selectively	75%	17%	7%	0%	1%	91.8%	1.3%	4.65	266
A lot more of what we buy is grown or made locally	75%	17%	7%	1%	1%	91.6%	1.3%	4.64	319
Repair cafés are held regularly so we can get things fixed locally	61%	26%	11%	1%	1%	87.3%	2.0%	4.46	139
More people are growing their own food	44%	30%	21%	4%	2%	73.5%	5.8%	4.10	55
Most of us are eating significantly less meat	48%	20%	22%	5%	5%	67.9%	10.2%	4.01	108

What else would you like to see?

A better farmer's market
A bigger emphasis to educate and encourage people to learn to cook from scratch and produce cheap healthy meals with a reduction and/or no meat and dairy. Local cookery classes- cook and eat together. Getting larger supermarket involved as they are with fair share and donate food with short shelf life or excess of perishable foods.
A large community farm employing local people to grow affordable food for local consumption.
A move away from consumerism.
A reduction in takeaways and fast food home deliveries.
A ring of allotments around Steyning with people growing their own food.

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A vibrant high street should include non retail activities, community groups education groups etc climate change requires us to use less stuff
All packaging MUST be recycleable by 2030
All the others mentioned!
All these are important ideas. A flourishing High Street with a repair cafe and a local vegetarian restaurant!
Avoid use of non-recyclable plastic
Ban plastic yes! Repair shops yes!! Even more freecycle type places, a hub to recycle items, furniture, goods etc. Instead of tip.
Better education on the benefits of reducing waste, not just the rubbish we produce, but in the whole system (materials, energy, transport etc.).
British made/grown goods clearly marked as such to help purchasing decisions
Campaigns about shopping locally! Keeping it local and community based.
Children from the schools should be taught how to grow food. The schools could utilise part of their land to turn them into vegetable growing plots. An intense education programme in schools about life-style choices.
Community based allotments
Community brown furniture recycling workshop - stripping dark varnish off wood.
Community cooking/nutrition classes so less dependency on more expensive less healthy convenience foods
Community food cultivation with equality of access
Community group/system where people can share food... There is an app for this but it is not very accessible outside of cities at the moment. But if someone has too many vegetables, or they grew extra courgettes, or their son made extra cakes, we can share them with the community, both reducing food waste and maybe also helping more vulnerable members of our community for whom food isn't always readily available. I think this should include pubs/restaurants /cafes in some capacity through a left over scheme. Also would love to see less emphasis on use by dates as I know so many people who stick to these religiously and so food gets unnecessarily thrown away.
Compost collection as many people don't have enough space or use for a compost bin
Compostable waste bins to be available
Detailed impact assessment before suggestions about eating less meat.
Different shapes and sizes fruit and veg all should be in the supermarkets
encourage composting of our own food waste
encouragement of wormerries and reuse of food waste into resycling
Far less plastic packaging in shops
Fewer empty shops and more rigorous control of improper parking in the High Street
Food waste collection. Steyning High street shops are currently too expensive for regular shopping

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trips - reduced business rates could mean reduced prices.
food waste recycling bins for people, more regular bin collections to avoid fly tipping
Food waste recycling, possibly in anaerobic digesters (instead of growing biomass)
Good packaging saves food waste. Use starch as source of 'plastic' packaging, biodegradable
High Streets should be more like centres of entertainment as well as retail. Cafes, restaurants, micro-pubs, exhibitions, galleries, Festivals etc.
I feel strongly that all these choices should be prioritised!
I wanted to tick them all! Feels really important to make high street truly usable for all and an alternative to going elsewhere. Boutiques and multiple gift style shops don't entice me! We need affordable greengrocers, the butchers we have, a shop like bunces to come back, an affordable repair cafe, (could offer bicycle maintenance).
I would like to see parish council behaving maturely, professionally and cohesively. Look at the independent approaches that are not political. Common sense prevails with greater good at it's core rather than self interest.
If people choose to eat meat, encourage them to buy from the butchers so that it is local. Waste free additions to shop, such as if Sussex produce encouraged us to bring our own Tupperwares for nuts etc.
Improved education around efficient consumption of food including reduction in meat consumption. Economic incentives to move away from out of town shopping towards local high streets.
less clothes shopping/ waste
Less consumption of dairy products
Less fruit and veg from foreign countries, and more information for consumers on buying seasonal fruit and veg. Also to get away from this discouragement of eating meat. Advertising needs to be less biased!
Local farmers having a bigger representation in local shops.
Local recycling shop for good quality items we no longer need and able to buy cheaply.
Locally grown food should be sold at a competitive price that families can afford
Make yummiier vegan/vegetarian food
More ability to recycle or hand back unwanted items...could include food.
More allotments and assistance in producing ones own food and the sharing of seasonal veg when there is surplus. The plastic needs to get gone! Why supermarkets are not forcibly banned from using plastic packaging where possible I do not know.
More community collection points in Steyning
More community events and free outdoor events that generate communit interaction and cohesion
More focus in schools on 1.eco issues and solutions(Including diet and food waste reduction) 2.issues of social and race inequalities 3. career opportunities in eco-friendly spheres of operation.

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More information about what happens to the recycling we already do
More of a culture around growing your own.
More organic farming for local produce
More plant based foods in local shops, cafes and restaurants.
more recycling points locally and a greater advertisement of what can be recycled
More regular farmers or local markets
No imports of non European food
NO plastic packaging for fruit, vegetables, plants and all other items, most of which are highly over-packaged. It is necessary to learn from pre-plastic days to return to sustainable or no packaging.
Organic farming
Organic farming in the fields surrounding steyning
People reducing the number of times they go to big supermarkets.
Plant trees and bushes that produce fruit/food in public spaces. Education for all ages about (and investment in) food production and consumption in terms of health, ethical, conservation and environmental considerations
Promotion of local butchers, fishmongers and grocers! I love the Sussex produce shop, but it is more expensive compared to big supermarkets so people need incentives to shop locally.
Promotion of swapping goods and services via online mechanism. Increased use of websites to distribute unwanted items locally
Proper local food markets for everyday produce, every week in each village as in France and Spain. There's room for artisan as well, but emphasis on everyday produce.
Reducing the use of micro wave meals & less dependency on ready made meals
Refill zone in local food shops (e.g. Steyning co-op) for pasta, rice etc. Increase availability /promote consumption of dairy alternatives e.g. oat milk / soya products
Refillables vans that comes to Upper Beeding - for dried goods and cleaning products etc. Such is available in Steyning Post Office and Henfield but I don't want to drive there to access. I don't want to encourage more shops - I want to encourage less consumption overall.
Repair cafes near to us, not only in Horsham, but in the local villages
Significant reduction in processed foods, improved food labelling and improved education on nutrition, diet and health.
Single use plastic banned not reduced.
Smaller portion packs or individual items for sale - to avoid food waste. Price reductions not multi-buy offers in shops. Smaller portion sizes for meals in pubs and restaurants - less food waste.
Source the real problem over misuse from plastic, Supermarkets are still wrapping broccoli in plastic, why.?
Supermarkets banning the use of plastic wrapping.

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the community buying / leasing land locally for community food production and / or woodlands. A very long lease would be essential to maintain control

The government should introduce taxes on products where single use plastic packaging has been used. That would change consumer behaviour and manufacturing processes very quickly!

The standard of food improving, especially regarding animal welfare and the transportation of live animals banned. Labelling to show the care of animals - likely leading to less meat consumed but better animal welfare

Council recycling to include more things and also to have a food waste collection like Surrey does

Growing your own food is studied as to the true benefits as it sounds lovely but in reality is wasteful, often unsuccessful and the resource and land could be put to much better effective uses

The whole country needs more farms to produce the food that is imported from abroad and could easily be grown here.

These actions are all really important. We need to educate community clearly on avoid, reduce, reuse, repair, recycle waste hierarchy model to make sure resources and waste are minimised and less consumed first, before reusing or recycling. We also need to influence local authorities to recycle more items. Can we influencing high street businesses to sell more sustainable and longer lasting, as well as more local, products? Encourage local shops to offer refill and repair services. Composting is also very important to reduce food waste to landfill and resulting methane emissions, so important to encourage local composting at home, and schemes and access to composters and water butts, as well as education to grown own food. e.g. allotment owners and veg growers buddy scheme to help/support new veg growers - good for building community spirit too. Can some people who want veg but no space grown in others' gardens with space but need help - as swap and help, veg buddy scheme? Promoting need to eat much less meat is becoming more socially acceptable to discuss and should be promoted (also links to animal welfare and people's health issues). Need public drinking water fountains in Steyning, Bramber and Beeding for refills.

These things can only be achieved with a coherent national strategy. Local adhoc schemes will never drive change. So if we are to effect change we need to support a national approach.

To be able to buy every day goods locally such as clothes. But needs to be competitively priced. Not the over the top stuff we have had in the past.

Try to discourage people to drive and encourage the locals to walk/cycle to the high street - maybe some bike storage areas.

Use of rooftops / garage tops as green or energy areas

Using the local high street is great. However what's available is limited and expensive currently.

Water fountains/refill stations. Plastic packaging in shops (not just carrier bags) reduced/banned. Refill shop. Reuseable nappy incentive.

Would like to see all of these!

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Any comments or concerns to share?

Again, they are very small actions, but surely they are so known to be necessary that we should just automatically be doing the at this point. How companies get away with such extensive packaging for example is despicable.

As before, that finance (and lack of) will dominate the issues, rather than a sharing resources approach

Banning single use plastics is a great idea, but so much of what we buy is pre packaged, I don't see how you can do this in a small place like Steyning. Is the Co-op going to make special arrangements for our local store?

Collection points for hard to recycle items is a good idea but if become the norm likely to encourage manufacturers to use these materials.

Community point for hard to recycle things , I wanted to tick that above!

Consider more education workshops for learning how to grow things etc

Currently local agricultural fields are blitzed with weedkiller FFS!

Difficult to chose priorities as food waste reduction is important as is flourishing high street and repair café.

Eating a plant based diet has been shown to be the number one way to reduce carbon emissions. I think it has been underrepresented here.

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Equality of access to schemes required for all incomes ages etc.

Farm shops do not always supply better quality produce and are significantly more expensive.

Food packaging and transportation should be plastic free. Too much dependence on its use

Giving up meat altogether is not the answer, rearing organically is.

Growing more produce locally would seem to conflict with the desirability of setting aside agricultural land for solar farms. The trend in decades since the war has been away from using local land for local farming because of agricultural policies. Are they likely to change?

Help is needed post-corona virus for local shops and businesses.

I am worried that High Streets will die if more efforts are not made.

I feel strongly about this yet find it hard to do myself, so other less motivated people will be harder to shift. Local shops have limited range and are expensive- it's a chicken and egg situation I know, but change works fastest when it is easy.

I have investigated the Terracycle & Lancing schemes. They are very labour intensive, how many of us would volunteer to sort through rubbish daily? The many types of plastic used need to be reduced, this is the key to increasing recycling and reducing use. Talk to a materials scientist, like my son

I never waste any food, rarely have leftovers and any would be frozen even though I shop for vegetables and fruit only once a week and do not follow a weekly menu plan. I currently travel out of town to visit a fresh market stall for all my produce. The prices at Steyning Produce are prohibitive for many residents. Residents should be encouraged to buy seasonal produce. My family eat far less meat and what we do eat is of better quality. Having had an allotment I appreciate that not everybody has the time to tend a plot.

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<p>I prefer this approach to reducing carbon. Ensuring people can access what they want within their immediate surroundings, so people don't have to drive unnecessarily. Single use plastics for bags seem insignificant, when so much food is packaged in layers and layers of plastic. Buying vegetables in a paper bag is great, but to buy a weeks shop from Co-op where every item is wrapped in plastic, makes re-using a carrier bag a bit insignificant!</p>
<p>I think it is more efficient to have food grown on farms/nurseries which will have bigger yields per acre than individual allotments.</p>
<p>I think it's important that our high street remains full of local businesses and avoids chains where possible (apart from the co-op)</p>
<p>i think its good that more people are vegetarian so animals don't keep getting killed</p>
<p>I've heard studies that buying small amounts locally isn't always better for CC but does benefit the local shopkeepers. And again not always effective to grow locally</p>
<p>In your question you allow for meat eaters to chose better quality meat you lose that option late just going for what will of course be seen as support for vegetarian or vegan diet. veg is great but 'meat alternatives' usually means factory produced food.</p>
<p>incentive for locals to buy locally</p>
<p>Is our recycling really recycled - more information have been concerned that this is sent to other countries</p>
<p>It would be great not to live in a throwaway everything must match society</p>
<p>Less eating on the go, taking to eat at the table , reinstating war time values & gratitude</p>
<p>Like the idea of local produce but I hardly ever go to the Produce Shop as it is so expensive compared to the prices I can pay in a big supermarket (not the local Co-op which is also very expensive). Difficult for everyone to grown their own food as not everyone has a garden and not everyone is physically able to do it.</p>
<p>Locally grown produce is often significantly more expensive than from large supermarkets, this disadvantages lower income groups who may then avoid the high street.</p>
<p>More accessible recycling for hard to recycle items.</p>
<p>Most of these ideas are simply unrealistic. High streets are dying, due to council parking charges, high rents and the internet. This will increase 10-fold by 2030.</p>
<p>Need to avoid and reduce resource use and consumption as much as possible and not just try to recycle our way out of issue. Need to avoid unintended consequences, e.g. replacing one single use product with one which may seem better but has higher carbon emissions, e.g. swapping plastic bottles for aluminium cans, need to try to avoid and reduce rather than swap.</p>
<p>Our parish council is not working well. I don't trust it's current practices</p>
<p>Parish council is full of despots that are now pro green or 21st initiatives</p>
<p>Plastic is a complex issure and important that it isn't used as a superficial solution to feeling better about our choices. We should be eating better and more expensive meat not just less.</p>
<p>Recycling and Repair shops sound a wonderful idea</p>
<p>recycling bins should NOT be charged to new builds, new residents and apartment residents. All new builds should have discreet bins storage accessible for road collection without resident involvement. Local laws should encourage residents to be responsible for their frontages. Residents and companies should be encouraged to use a recyclable alternative to selotape and make online companies aware of recyclable alternatives.</p>
<p>Recycling is one of my biggest concerns. Things that should be recyclable may be in certain areas</p>

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but are not universally accepted. Dedicated recycling points in every town and village, as part of the high street, not just tucked away in a car park.
recycling of difficult items should be covered by the district scheme as part of a coherent national strategy. The current service is too variable and inconsistent.
Redistribution of wealth. Ensure everyone's income is enough that they can choose to eat healthy diets. Universal credit is not adequate and many can't even access that. Remove the sanctions! We should not have food banks in the fifth richest nation in the world.
Reducing food waste and giving up meat will have a big positive impact
Restricting single use packaging and avoiding food waste will sometimes contradict each other. Of what I know food waste is the greater waste of energy so that'd be my priority in that situation.
Revitalising the High Street seems unachievable as buying online becomes ever more popular. Local shops will need to think laterally to survive - new experiences, niche markets and offering local produce that cannot be bought online may help. This includes locally produced meat - without very radical change, sheep and cattle will remain essential for maintaining the downland landscape.
shaming or targeted question is not appropriate
the amount of PPE left out side has increased, and is becoming a bigger issue for our animals, and fish etc.
The High Street has responded brilliantly to lockdown, offering deliveries to local vulnerable people. I'd like to see this encouraged as a longer term solution for the community
The real cost of cheap food is ignored, production pollution, pesticide effects, habitat loss etc. etc.
There's already a local Repair cafe Worthing running once a month. Terracycle is not a solution for non-recyclable items as it's own website can exactly say where all the items end up, we could easily been dumping waste into less regulated countries. A better solution would be to run projects to reduce or eliminate those non- recyclable items all together.
These are all such good ideas but I think the hardest to implement - people find supermarkets convenient and seductive. It's to do with the way we live now isn't it? It's easy for me as a time-rich person to shop locally - how do you persuade a busy mother with a family who finds it easier to get everything at Tesco?
This is the global versus local and we need a reduction in meat eating overall, but our high streets can promote or detract from that. We should promote and provide alternatives.
Vibrant and flourishing High Streets are 'pie-in-the-sky'. High streets are dying, mainly because of parking charges and, therefore, free supermarket out-of-town parking is more attractive, pedestrianisation of High Streets and internet shopping.
We as consumers will have to pay more for our food, and waste less
We need to get away from the idea that locally grown should have a premium charge applied like Sx Produce , All the welcome ideas on this survey need to be inclusive , not just for the better off. West Sussex has some of the most deprived communities in the country .
We need to tie in eating less meat with shopping locally so that our local farmers who provide grass fed ethically reared beef etc can sell their meat to us. A small local abattoir would be needed run as a cooperative
We would like to have ticked all of the above